MEDICAL DEMOBILIZATION ISSUES

COL WILLIAM TOZIER
Health Policy & Services



PROCESS

- FORMS
- PROVIDER INTERVIEW
- OCCUPATIONAL/ENVIRONMENTAL EVAL
- REFRAD PE
- TESTING
- TB SKIN TEST
- IMMUNIZATIONS
- LABORATORY
- INDIVIDUAL MEDICAL EQUIPMENT
- MEDICATIONS



Forms

- DA Form 2173, Statement of Medical Examination and Duty Status
- DD Form 2697, Report of Medical Assessment
- DD Form 2766, Adult Preventive and Chronic Care Flow Sheet
- DD Forms 2795 and 2796
 - Pre- and Post-Deployment Health Assessment



DD Form 2697, DA 2173, DD 2766

- DD Form 2697, Report of Medical Assessment
 - RC soldier pending REFRAD
- DA Form 2173, Statement of Medical Examination and Duty Status
 - Initiated by medical provider
- DD Form 2766, Adult Preventive and Chronic Care Flow Sheet
- All paperwork assembled in health record



DD Form 2795 and 2796

- Both available at time of provider review
- Original goes in health record
- Copy mailed to:
 - Army Medical Surveillance Activity (AMSA)
 - Building T-20 (ATTN: MCH-TS-EDM)
 - 6900 Georgia Avenue, NW
 - Washington, DC 20307-5001



DD Form 2796

- Post-Deployment Health Assessment
- New enhanced form (includes depleted uranium on page 3, item #14)
- Four pages
- Screening function only, assessment of occupational and environmental illness and injury still require provider skills

Provider Interview

- Review form responses
- Positive response considerations to document
 - Acute illness and injury
 - Biological, chemical, and physical agent exposure
 - Ambient environment
 - Occupational exposure



Provider Interview

- Referral testing and consultation
- Follow-up and treatment
- Identify servicemember concerns
- Provide CHPPM or PDHealth Fact Sheets
- Must meet medical retention standards in AR 40-501, Chpt 3
 - If not, refer to Medical Evaluation Board/Physical Evaluation Board



Occupational and Environmental Illness and Injury

- Mechanism of illness or injury depends upon the following:
- Agent
 - physical, chemical, biological, ergonomic
- Route
 - skin, respiratory, gastrointestinal, pulmonary
- Dose*
 - quantity, duration



Occupational and Environmental Illness and Injury

- Effects may be acute or delayed
- Require provider to have an index of suspicion
- Multiple factors, unknown interactions
- Exposure/Agent Questions

Suggested Exposure Questions

- (1) Agent/exposure.
- (2) Date and location
- (3) How did you determine you were exposed?
 - (a) Env testing NBC Alarm/Monitor Inhaled it?
 - (b) Got on Skin Read report/Heard fm others?
 - (c) Penetrating wound/imbedded fragment.



Suggested Exposure Questions

- (4) How much exposure did you have?
 - (a) High/frequent?
 - (b) Med/Occasional?
 - (c) Low/Rare Not sure?
- (5) Has the exposure caused any health problems for you and/or did you see sick call for it/them?
- (6) Did you use protective equipment?



Mental Health

- Behavioral mental health personnel should be present or on-call
- Chaplin should be available or on-call

Mental Health Questions

- The 2796 provides screening only for-
 - Interest in care (item 10, interview item 4)
 - Depression (item 11)
 - Suicidal ideation (item 11c)
 - Post-traumatic stress (item 12)
 - Aggressive ideation (item 13)



Mental Health Questions

- Pay particular attention to:
 - Items 10-13
 - A desire for assistance (item 10)
 - Concerns about self harm (item 11c)
 - Use of "a lot"
 - Three or more of the acute/posttraumatic stress items (item 12)
 - Any concerns over loss of control (item 13)



Health Risk Communication

- Do not take their mistrust or apprehension personally
- Do not discount or minimize their concerns
- Document all concerns
- Study CHPPM or PDHealth Fact Sheets on probable disease risks



REFRAD/Separation PE

- Physical exam and vital signs
 - pelvic and pap not required
- Dental by provider (not problems)
- Tests
 - HIV (redeployment serum)
 - HCT/HGB
 - UA albumin, sugar
 - vision
 - audiometry*
 - EKG only if clinically indicated



REFRAD/Separation PE

- Over- 40
 - PSA
 - male rectal/prostate and occult blood
 - cholesterol
 - chest x-ray*
 - UA specific gravity and microscopic
 - -FBS
 - EKG*



Tuberculin Skin Testing

- Requires two testing periods
- First at time of Demobilization
- Second 3-6 months later
 - Responsibility of Army Reserve Readiness
 Command & and Army National Guard State
 Surgeons
 - Must be recorded in MEDPROS
- PPD, intradermal injection that must be examined (read) by a trained person 48-72 hours after given
- Positive PPDs are referred to preventive medicine



Immunizations

- Hepatitis A
- Hepatitis B
- Influenza
- Measles-Mumps-Rubella (MMR)
- Oral polio vaccine/Inactivated Polio Vaccine
- Tetanus/Diphtheria (Td)



Laboratory

- HIV
- DNA
- Blood type



Individual Medical Equipment

- 2 pair of glasses (if required)
- Hearing aid + 6 months supply of batteries (if required)
- Medical warning tags (if required)

Medications

- Post-deployment anti-malarial medications
 - Mefloquine 250mg once a week for 4 weeks, OR
 - Doxycycline 100 mg once a day for 28 days PLUS
 - Primaquine 15mg once a day for 14 days
- 30 supply of any chronic medications

